

**SPECIALTY FOODS  
SOUTH, LLC**

**FOOD  
FOR THE  
SOUTHERN  
SOUL<sup>TM</sup>.COM**

Charleston, South Carolina

**\* RETAIL CATALOG \***

P.O. Box 13615  
Charleston, South Carolina 29422  
Phone: 843-766-2580 or 1-800-538-0003  
Fax: 843-762-6040

**WWW.FOODFORTHESOUTHERNSOUL.COM**



## **WHAT IS FOOD FOR THE SOUTHERN SOUL™?**

For the Food for the Southern Soul team, keeping the pantries of Southerners and would-be southerners stocked with the region's finest foods is a passion. As you can see from our Specialty Foods South, LLC/Food for the Southern Soul™ catalog, we have several different product lines, and in addition, a catering company and the BlackJack Barbecue cooking team. Food for the Southern Soul™ was the perfect name for our umbrella company—a mission statement for us all. "Food for the Southern Soul" says it all – the aromas, the tastes, and best of all, the satisfaction. For more information on our other entities, visit [www.foodforthesouthern soul.com](http://www.foodforthesouthern soul.com)

**FOR FASTER SERVICE CALL TOLL FREE  
1-800-538-0003  
843-766-2580,**

**FAX YOUR ORDER TO 843-762-6040,**

**OR ORDER VIA OUR WEBSITE AT  
WWW.FOODFORTHESOUTHERNSOUL.COM**



## BLACKJACK BARBECUE SAUCES



Award-winning barbecue sauces and rubs originally created by pitmaster Jimmy Hagood for BBQ competitions including the S.C. Grand Champion of Pig Pickin' Contest, N.C. State Championship, and the Memphis in May World Championship where the sauces were a top five finisher!

<u>Description</u>	<u>Each</u>	<u>Ordered</u>	<u>Price</u>
Barbecue Sauce-18 oz.	\$4.79	_____	_____
Grill Marinade-18 oz.	\$4.79	_____	_____
Vinegar Sauce-18 oz.	\$4.79	_____	_____
Barbecue Dry Rub-5 oz.	\$4.09	_____	_____

## CAROLINA GOLD RICE

The history of the South Carolina Lowcountry is inseparable from that of Carolina Gold rice, so named because of the golden color of its husk. Arriving about 1685 on a ship from Madagascar, a bushel of it was given by the captain to Dr. Henry Woodward of Charles Town. From that humble beginning it expanded to commercial production in hundreds of plantations from the Cape Fear River of North Carolina to north Florida, encompassing in excess of two hundred thousand acres at its height.

<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
Carolina Gold (Enriched)-1 lb. bag	\$5.39	_____	_____



## CHARLESTON FAVORITES™

### BEAN & RICE MIXES

Each bag includes a mini Tabasco bottle

<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
Charleston Bean Mix-12 oz. w/Southern Creole Bean Recipe	\$3.59	_____	_____
13 Bean Mix-12 oz. w/Bean & Sausage Soup Recipe	\$3.59	_____	_____
Carolina Red Rice- 8 oz. w/Recipe	\$3.59	_____	_____

### CONFECTIONS

Perfect for holiday gift giving or any occasion.

<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
Plantation Praline Pecans-5 oz. bag	\$5.29	_____	_____
Southern Pecan Praline-4 oz.	\$5.29	_____	_____
Salt Water Taffy-1 lb. w/Charleston Post Card attached	\$5.95	_____	_____
Key Lime Cookies-3.5 oz.	\$3.79	_____	_____
Charleston Benne Candy-6 oz.	\$3.49	_____	_____
Benne Wafers- 6 oz.	\$4.95	_____	_____

**Special** 8 packs of Benne Wafers to one address- \$38.50



## CONDIMENTS AND PRESERVES

<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
Peach Butter-10 oz.	\$3.49	_____	_____
Cinnamon Apple Butter-10 oz.	\$3.99	_____	_____
Charleston "Hot" Pepper Jelly-9.5 oz.	\$3.99	_____	_____
Pumpkin Butter-9.5 oz.	\$3.49	_____	_____
Old Fashioned Cranberry Relish-9.5 oz.	\$3.99	_____	_____
Red Pepper Jelly-10 oz.	\$3.99	_____	_____
Fig Preserves-10 oz.	\$3.99	_____	_____

**Special** 12 per case to one address **\$38.00** each—Fig Preserves not included in special

## SHRIMP & GRITS

<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
Shrimp & Grits Mix-11 oz. Gift bag (Includes 5 oz. Packet sauce mix and 6 oz. packet of S.C. Stone ground white grits) JUST ADD WATER!	\$ 8.99	_____	_____
<b>Special</b> 4 packs to one address - <b>\$34.36</b>			
Tidewater Shrimp Sauce & Marinade	\$6.49	_____	_____



**VIDALIA ONION PRODUCTS**

<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
Vidalia Onion Tomato Basil Salad Dressing-12 oz.	\$4.39	_____	_____
Vidalia Onion Cracked Peppercorn Salad Dressing-12 oz.	\$4.39	_____	_____
Cucumber Dill Salad Dressing-12 oz.	\$4.39	_____	_____
Honey Mustard Salad Dressing/Dip-12 oz.	\$4.39	_____	_____
Vidalia Onion Steak Sauce-12 oz.	\$4.39	_____	_____
Vidalia Onion Relish-16 oz.	\$5.19	_____	_____
Vidalia Onion Peach Salsa-16 oz.	\$5.19	_____	_____
Vidalia Onion Peach Hot Sauce-8.5 oz.	\$3.19	_____	_____

**GRITS**

Our coarse-ground "speckled grits" contain the heart of the grain which is slowly ground on a stone-burr mill. This time-honored process produces a very nutritious product and retains a high fiber content thus insuring the desired texture and flavor of our grits. Store grits in an airtight container in refrigerator or freezer, as product contains no preservatives or additives.

<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
White Speckled Grits-2 lb. cloth bag	\$5.19	_____	_____
Yellow Speckled Grits- 2 lb. cloth bag	\$5.19	_____	_____



## ROBERTS OF CHARLESTON



<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
Original Seasoning-6 oz. jar	\$6.29	_____	_____

## ROCKLAND COLLECTION



<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
Grits			
Stone ground white-2 lb. cloth bag	\$5.19	_____	_____
Stone ground yellow-2 lb. cloth bag	\$5.19	_____	_____
Stone ground mixed-2 lb. cloth bag	\$5.19	_____	_____



**ROCKLAND COLLECTION**

<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
<b><u>Soups</u></b>			
Charleston Gumbo-32 oz. jar	\$8.99	_____	_____
Garden Vegetable Soup-32 oz. jar	\$8.99	_____	_____
Charleston Creole-32 oz. jar	\$8.99	_____	_____
Green Tomato Soup-32 oz. jar	\$8.99	_____	_____
<b><u>Pints</u></b>			
Artichoke Relish-19 oz. jar	\$6.99	_____	_____
Green Tomato Relish-16 oz. jar	\$6.99	_____	_____
Dilly Beans-16 oz. jar	\$6.99	_____	_____
Okra Pickles-16 oz. jar	\$6.99	_____	_____
Pluff Mud-16 oz. jar	\$6.99	_____	_____
Pluff Mud Salsa-16 oz. jar	\$5.99	_____	_____
Pear Chutney-17 oz. jar	\$6.99	_____	_____
Green Tomato Chutney-17 oz. jar	\$6.99	_____	_____
Sweet Cucumber Pickles-16 oz. jar	\$6.99	_____	_____
Hot Cucumber Pickles-16 oz. jar	\$6.99	_____	_____
Just Peachie Salsa-16 oz. jar	\$6.99	_____	_____
Colonial Chutney-17 oz. jar	\$6.99	_____	_____
Peach Chutney-17 oz. jar	\$6.99	_____	_____
<b><u>Gift Jars – Preserves are Seasonal</u></b>			
Artichoke Relish-9 oz.	\$5.39	_____	_____
Green Tomato Chutney-10 oz.	\$5.39	_____	_____
Peach Chutney-10 oz.	\$5.39	_____	_____
Pear Chutney-10 oz.	\$5.39	_____	_____
Green Tomato Relish-10 oz.	\$5.39	_____	_____
Very Berry Preserves-10.5 oz.	\$5.39	_____	_____
Blackberry Preserves-10.5 oz.	\$5.39	_____	_____
Blueberry Preserves-10.5 oz.	\$5.39	_____	_____
Strawberry Preserves-10.5 oz.	\$5.39	_____	_____
Fig Preserves-10.5 oz.	\$5.39	_____	_____
Peach Preserves-10.5 oz.	\$5.39	_____	_____



## CHOICE LEAF TEAS

We import our own teas and guarantee quality.

<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
Cranberry-1/2 lb.	\$4.25	_____	_____
Plantation Mango-1/2 lb.	\$4.25	_____	_____
Carolina Cinnamon-1/2 lb.	\$4.25	_____	_____
Special Apricot-1/2 lb.	\$4.25	_____	_____
Lemon-1/2 lb.	\$4.25	_____	_____
Orange-1/2 lb.	\$4.25	_____	_____

## TEA INFUSERS

<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
Stainless Steel Seashell	\$2.75	_____	_____
Stainless Steel Spring Spoon	\$2.50	_____	_____

## KARA MIA



<u>Description</u>	<u>Price Each</u>	<u>Number Ordered</u>	<u>Total Price</u>
White Zinfandel Jelly	\$7.69	_____	_____
Merlot Jelly	\$7.69	_____	_____
Chardonnay Jelly	\$7.69	_____	_____